

SOMERSET SCHOOLS ATHLETIC ASSOCIATION



www.somersetschoolsathletics.c

Senior Team Manager

Mr. Richard Bowden

6 Rickhayes

Wincanton

BA9 9BH

Tel. 01963 33167

Mobile. 07789364136

richard@rbowden.eclipse.co.uk

25 February 2019

Dear Colleague,

I am very pleased to enclose details of the **2019 Somerset Combined Events and Race Walking Championships** which will be organised by the Somerset Schools' AA and the Somerset County AA. Dorset will hold their County Combined Events Championships within the meeting.

The Championships will be held at **MILLFIELD SCHOOL, STREET, BA16 0DF**, on **Saturday 27 April** and **Sunday 28 April** and will include Under-13 (Year 7) events, as usual. The Under-13 Boys' Quadrathlon and the Junior Boys' (Under-15) Pentathlon will take place on the **Saturday** only, with the Under-13 Girls' Quadrathlon and the Junior Girls' (Under-15) Pentathlon taking place on the **Sunday**. All the Race Walks (entry fee = £1.00) will take place on the **Sunday**.

NB: Numbers of competitors in the Quadrathlons and Pentathlons in recent years have become almost unmanageable due to the popularity of the event. Regrettably therefore, it has become necessary to limit each school and club to a maximum of 4 athletes in each of the Quadrathlons and Pentathlons.

The meeting will commence at **10.30am** on each day, and a detailed timetable will be sent to all competing clubs and schools once entries have closed and the programme has been compiled.

The age groups basically correspond to school years, and these are:

Year 7 (Under-13 on 1.9.19) – **Under-13 Boys and Under-13 Girls (Quadrathlon).**

Years 8 and 9 (Under-15 on 1.9.19) - **Junior Boys and Junior Girls (Pentathlon).**

Years 10 and 11 (Under-17 on 1.9.19) - **Intermediate Boys (Octathlon) and Intermediate Girls (Heptathlon).**

Years 12 and 13 (Under-19 on 1.9.19) - **Senior Boys (Decathlon) and Senior Girls (Heptathlon).** (Inc. U-20s on 31-12-19).

Senior Men (Decathlon) and Senior Women (Heptathlon).

Hot and cold refreshments will be available at the track but athletes may wish to bring their own packed food and drinks.

We know that EVERY SCHOOL AND CLUB IN SOMERSET has talented youngsters who would thoroughly enjoy the chance of multi-events competition, so please give the Championships every consideration. Some schools and colleges have NEVER entered this meeting so their athletes have been denied the chance of representing Somerset at South-West Inter-County level as detailed below.

The meeting will be used as part of the **selection process** for the Somerset Schools' AA team for the South-West Regional Combined Events and Race Walking Championships to be held at Exeter Arena on Saturday 22 June and Sunday 23 June, so **it is vital that we see all our potential Combined Eventers and Race Walkers at Millfield School.**

The closing date for entries is **Friday 29 March** and the following fees must be included with all entries:

| Combined Events Competitions | Somerset entries | Dorset entries | Guest entries |
|-------------------------------------------------------|------------------|----------------|---------------|
| 1-day competitions - Quadrathlon; Pentathlon | £8.00 | £10.00 | £10.00 |
| 2-day competitions - Heptathlon; Octathlon; Decathlon | £10.00 | £15.00 | £20.00 |

Please make all cheques payable to "Somerset Schools' AA". The early closing date may appear to be a problem **but substitutions can be made after 29 March (and even on the day of competition)** if you discover talented athletes later. Please do not hesitate to contact me if you would like further information on any of these details:

Home - 01963 33167 or richard@rbowden.eclipse.co.uk

Please visit somersetschoolsathletics.org.uk for details of all our activities.

Sincerely,

RICHARD BOWDEN
(Meeting Organiser)

**SOMERSET SCHOOLS' AA / SOMERSET COUNTY AA COMBINED EVENTS
AND RACE WALKING CHAMPIONSHIPS**

**SATURDAY 27 APRIL AND SUNDAY 28 APRIL 2019
MILLFIELD SCHOOL, STREET**

COMBINED EVENTS COMPETITIONS

Under-13 Girls (Under-13 on 1.9.19) **MAXIMUM 4 ATHLETES PER SCHOOL / CLUB**
Quadrathlon - 100m, Shot, Long Jump, 800m **(NB Sunday only)**

Junior Girls (Under-15 on 1.9.19) **MAXIMUM 4 ATHLETES PER SCHOOL / CLUB**
Pentathlon - 75m Hurdles, Shot, High Jump, Long Jump, 800m **(NB Sunday only)**

Intermediate Girls (Under-17 on 1.9.19)
Heptathlon - 80m Hurdles, High Jump, Shot, 200m **(Saturday)**
Long Jump, Javelin, 800m **(Sunday)**

Senior Girls + Senior Women (Over-17 on 1.9.19) **(Under-20s on 31.12.19 may compete in this age group)**
Heptathlon - 100m Hurdles, High Jump, Shot, 200m **(Saturday)**
Long Jump, Javelin, 800m **(Sunday)**

Under-13 Boys (Under-13 on 1.9.19) **MAXIMUM 4 ATHLETES PER SCHOOL / CLUB**
Quadrathlon - 100m, Shot, Long Jump, 800m **(NB Saturday only)**

Junior Boys (Under-15 on 1.9.19) **MAXIMUM 4 ATHLETES PER SCHOOL / CLUB**
Pentathlon - 80m Hurdles, Shot, Long Jump, High Jump, 800m **(NB Saturday only)**

Intermediate Boys (Under-17 on 1.9.19)
Octathlon - Long jump, Discus, Javelin, 400m **(Saturday)**
100m Hurdles, High Jump, Shot, 1500m **(Sunday)**

Senior Boys (Under-19 on 1.9.19) **(Under-20s on 31.12.19 may compete in this age group)**
Decathlon - 100m, Long Jump, Shot, High Jump, 400m **(Saturday)**
110m Hurdles, Discus, Pole Vault, Javelin, 1500m **(Sunday)**

Senior Men (Over-20 on 31.12.19)
Decathlon - 100m, Long Jump, Shot, High Jump, 400m **(Saturday)**
110m Hurdles, Discus, Pole Vault, Javelin, 1500m **(Sunday)**

RACE WALK COMPETITIONS - All on Sunday

| | |
|-----------------------------------------|--------|
| Under-13 Girls (Under-13 on 1.9.19) | 1,000m |
| Junior Girls (Under-15 on 1.9.19) | 3,000m |
| Intermediate Girls (Under-17 on 1.9.19) | 3,000m |
| Senior Girls/Women (Over-17 on 1.9.19) | 5,000m |
| Under-13 Boys (Under-13 on 1.9.19) | 1,000m |
| Junior Boys (Under-15 on 1.9.19) | 3,000m |
| Intermediate Boys (Under-17 on 1.9.19) | 5,000m |
| Senior Boys/Men (Over-17 on 1.9.19) | 5,000m |

Entries to: Mr Richard Bowden, 6 Rickhayes, Wincanton, Somerset, BA9 9BH.

Closing Date: Friday 29 March 2019.

Entry Fees: £8.00 or £10.00 per competitor (Quadrathlon, Pentathlon); £10.00, £15.00 or £20.00 per competitor (Heptathlon, Octathlon, Decathlon); £1.00 per competitor (Race Walks) – please see notes over-page.

Entry forms (with fees) to: Mr Richard Bowden, 6 Rickhayes, Wincanton, Somerset,